

Proposed School Day and Week Schedule– MCHS

Foundational Year (the Freshman year)

[School Day and Week Schedules, unique to each subsequent high school year, are a work in progress]

1. School Day: M, T, TR, F

Wednesday

1) 8am–9:30–PE /Dance(90 min) 8am–9:30– PE /All-School Meeting(ALL)

9:30-9:35 (passing time)

2) 9:35-10:25 (50)

9:35-10:25 Life Skills

10:25-10:40 (15 minute break)

3) 10:40-11:30 art – theatre - music

11:30-11:35 (passing time)

4) 11:35-12:25 art – theatre - music

12:25 – 1 pm Lunch (ALL)

12:25 – 1 pm Lunch (ALL)

5) 1 – 1:50

1 – 5 – Media Arts, Projects

1:50 – 1:55 (passing time)

6) 1:55- 2:45

2:45-3 (15 minute break)

7) 3-3:50

3:50-3:55 (passing time)

8) 3:55-5 (includes self-assessment, conclusion,
reflection, closing experience)

2. 3 Tracks: 20 (or so) students in each track

Track 1	Track 2	Track 3
2) Math	2) LA 1	2) Sci
3) Sci	3) LA 2	3) Art/Theatre/Music
4) SS	4) Math	4) Art/Theatre/Music
5) Art/Theatre/Music	5) Sci	5) LA 1
6) Art/Theatre/Music	6) SS	6) LA 2
7) LA 1	7) Art/Theatre/Music	7) Math
8) LA 2	8) Art/Theatre/Music	8) SS

PE/Dance block of time: physical education program, including stretching, cardio, breathing/mindfulness/self-regulation. Dance is as an art discipline.

LA block of time: includes language arts program + creative writing, poetry, and components of theatre for playwriting or screenplay writing.

Art/Theatre/Music block of time; thoughtful instruction in the three arts disciplines, sharing the 100 minute block of time as instruction dictates, to assure scope and sequence of student learning.

3.- The Freshman year is THE Foundational Year so no Courses of Choice Freshman year. Have them sophomore, junior years and they could include:

Foreign Language (also available the senior year if a student wanted it)

Special classes in core academic subjects (the state identifies core subjects as math, science, history/social science, language arts (reading and English) and the four arts)

Instrumental music

Culinary Arts

Gardening/Sustainable Agriculture/landscape

Drawing could include Architecture, Design: Graphic, Fashion, interior

Tech: game design/animation

Tutoring

4.

All classes will have quarterly organization for the year and will uniformly cover, in ALL classes, a teaching theme and be linked through shared vocabulary, concepts, Interdisciplinary lessons and projects:

1st Qtr:	Time	Earth	Line	Social Justice
2nd Qtr:	Space	Air	Circle	Global Citizenship
3rd Qtr:	Patterns	Water	Gestalt	Ecological Awareness
4th Qtr:	Relationships	Fire	Triangle	Creativity

All art classes, including media arts, are sequential, developmental and standards-based utilizing the standards that were developed by Nancy and Bonnie. In addition

All units will be designed to develop mastery or proficiency in relevant state and Common Core Standards (currently math and language arts, soon to include science, history/social science and arts disciplines of dance, media, music, theatre and visual arts) as well as the Stevens Creativity Standards.

5-21-12 VS, BT, NC